

What To Bring On Day of Intake:

CLOTHING ITEMS:

- ☐ 16 Tops: T-Shirts, Blouses (no mid-drift, spaghetti straps, or cleavage baring tops)
- ☐ 16 Bottoms: Shorts (must be fingertip length), Pants, Jeans (no low rise), Skirts (must be fingertip length)
- ☐ 12 pairs of underwear
- ☐ 10 bras (if applicable)
- ☐ 2 sets of sleepwear (two sets of tops and bottoms only)
- ☐ 2 bathing suits (no string bikinis, or men's speedos) or sets of surf shorts/rash guards
- ☐ 2 indoor/house slippers
- ☐ 2 pairs of athletic shoes
- ☐ 2 pairs of walking sandals/slippers
- ☐ 1 pair of casual shoes
- ☐ 10 pairs of socks
- ☐ 2 sweaters/jackets
- ☐ 1 raincoat/poncho
- ☐ 4 towels

Optional Clothing Items:

- ☐ Caps/Hats with snap backing
- ☐ watch (max value \$20)
- ☐ Jewelry (Max value of \$50)

HYGIENE ITEMS: (all items must be new and unopened and can not contain alcohol in the first 3 ingredients)

- ☐ Shampoo
- ☐ Conditioner
- ☐ Soap and/or Body Wash
- ☐ Toothpaste
- ☐ Toothbrush
- ☐ Dental Floss
- ☐ Mouth Wash
- ☐ Hair Brush and/or Comb
- ☐ Fingernail Clippers
- ☐ Tweezers
- ☐ 2 Razors
- ☐ 4 Wash Cloths
- ☐ Feminine Hygiene products (if applicable) such as: Tampons and pads.

Optional Hygiene Products:

- ☐ Curling iron and/or straightening Iron (if wanted)

- ☐ Hair Bands and Barrettes
- ☐ Make-up, nail polish (if desired, must be able to fit into a single quart-sized plastic bag)
- ☐ If there is an item you do not see listed and wonder if it is allowed please call us at (808) 376-3011.

Medications:

If client has any prescribed medications please be sure to bring all current medications on intake. In efforts to avoid any delay in treatment after youth's referral/application has been accepted for admittance into program, please fill out the forms below and submit to intake at least 1 week prior to admission.

Other Items:

If your teen would like to bring personal items they can do during leisure time such as sudoko, crosswords, coloring books, drawing supplies, books, etc. you are welcomed to do so. However, sharing of items is discouraged and all items must be screened and approved by the therapist prior to being given to the youth.

If there is an item the youth would like to bring in but it is not listed here, or you may have questions about please call our intake coordinator at (808) 376-3011.