



# BOBBY BENSON CENTER

## TRIENNIAL WELLNESS ASSESSMENT TOOL (2026)

Compliance and nutrition scoring checklist

### SECTION 1: COMPLIANCE CHECKLIST (0 = No, 1 = Partial, 2 = Yes)

| Item                              | Score |
|-----------------------------------|-------|
| Wellness Coordinator Designated   | 2     |
| Wellness Committee Established    | 2     |
| Committee Meets at Least 3x/Year  | 2     |
| Uses Data for Decision Making     | 2     |
| Policy Communicated to Families   | 1     |
| USDA Meal Standards Met           | 2     |
| Smart Snacks Compliance           | 2     |
| Water Access Available            | 2     |
| Nutrition Education Provided      | 1     |
| Physical Activity Opportunities   | 2     |
| Staff Wellness Training Conducted | 1     |

Section 1 Total (out of 22):

19

Section 1 Overall Rating (%):

86 %

### SECTION 2: NUTRITION (NSLP / HCNP)

| Item                                 | Score |
|--------------------------------------|-------|
| Meals Meet USDA Meal Pattern         | 2     |
| Milk Substitutions Available         | 2     |
| Special Diet Accommodations Provided | 2     |
| Healthy Food Practices Followed      | 2     |
| Food Not Used as Reward/Punishment   | 1     |
| Access to Fruits and Vegetables      | 2     |
| Appropriate Meal Timing (20 Minutes) | 2     |

Section 2 Total (out of 14):

13

Section 2 Overall Rating (%):

92 %

### RATING GUIDE AND DOCUMENTATION

90–100% = Exceeds

70–89% = Meets

< 70% = Needs Improvement

Assessment Date: 1/27/2026

Coordinator: Sione Naeata

Publicly Posted:  Yes  No

Review Date: 01/27/2026

Posting Date: 04/02/2026



## BOBBY BENSON CENTER

### TRIENNIAL WELLNESS ASSESSMENT TOOL (2026)

Narrative findings, action planning, and approvals

#### STRENGTHS

BBC consistently meets USDA nutrition standards and ensures proper implementation of special diet accommodations. Strong collaboration among staff and clear monitoring processes support effective wellness practices and continuous improvement.

#### AREAS FOR IMPROVEMENT

Opportunities for improvement include strengthening staff training on wellness policies, improving communication of the policy to families, reducing the use of food as a reward, and enhancing nutrition education efforts across the program.

#### ACTION PLAN

BBC will provide annual staff training on wellness policies and best practices, including alternatives to using food as a reward. The program will improve communication with families by sharing wellness policy information through multiple formats (e.g., orientation, handouts, and electronic communication). Additionally, BBC will enhance nutrition education by incorporating structured activities and reinforcing healthy eating practices throughout the program.

#### APPROVALS

*Janet Hargett*  
Wellness Coordinator Signature

01/27/2026  
Date

\_\_\_\_\_  
Administrator Signature

01/27/2026  
Assessment Review Date

4/08/2026  
Public Posting Date

1/27/2027  
Next Review Due